

## Monday, February 3, 2025

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### Twinkle Babies

Date and Time: Monday, February 3 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

### Twinkle Babies

Date and Time: Monday, February 3 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

### LEGO Club

Date and Time: Monday, February 3 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.

No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

### In Stitches

Date and Time: Monday, February 3 7:00 pm - 9:00 pm

Address: Strathmore Municipal Library

Looking to get out, learn a new skill, and make new friends? Join us at In Stitches, Strathmore's new evening stitching group!

Free to attend. No registration required. Drop in. All ages and abilities welcome.

Work on your own project or join in a beginner knitting project where all supplies are included.

## **Tuesday, February 4, 2025**

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### **Interview Skills - Home Edition**

Date and Time: Tuesday, February 4 10:00 am - 12:00 pm

Address: Virtual

Please click on the link below to join our Interview Skills – Home Edition Workshop. You will learn skills that you can practice while at home, that can lead you to success at your next job interview, whether that interview is in person, on the phone, or online. <https://prospectnow-ca.zoom.us/meeting/register/zNGlp30BTnSn-MOqz9230g>

### **Hope Bridges Society - Community Concert Music Series**

Date and Time: Tuesday, February 4 1:30 pm - 2:30 pm

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Hope Bridges Society is delighted to announce that Chase Morgan will perform live at Hope Community Covenant Church on Tuesday, February 4, 2025, at 1:30 pm as part of our Community Concert Music Series! Featuring our Music Discovery class with accredited music therapist, Kate Ager. Music Discovery encourages social interaction, connection, and community while making music. The Music Series is open to the public and FREE TO ATTEND!

Chase Morgan is a singer/songwriter, born and raised in High River, Alberta who blends traditional country roots influences with contemporary living seamlessly. Morgan's real, easy-listening music mixes complicated subjects with his self-coined alt-prairie style.

## **Wednesday, February 5, 2025**

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### **Toddler Time - Drop-in**

Date and Time: Wednesday, February 5 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

## **Hope Bridges Society - Adaptive Yoga**

Date and Time: Wednesday, February 5 11:00 am - 12:00 pm

Address: Transcend Yoga & Wellness (95 Brent Boulevard #107)

The Adaptive Yoga program is accessible to all adults and considers all bodies and abilities, especially those with injury, disability, limitations, or who are elderly. With Certified Yoga Instructor Courtney Way (Yogabilities YYC), participants will learn modified/multiple variations on traditional yoga poses, allowing the poses to be adapted to specific needs and abilities. Class is based on the needs of the participants and will include music to de-stress and promote relaxation, yoga/stretches to improve flexibility and build strength, and movement/dance with breathing to improve concentration and coordination.

## **Toddler Time - Registered**

Date and Time: Wednesday, February 5 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

## **Winging It: Theatre Games for Tweens!**

Date and Time: Wednesday, February 5 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Does your tween love to act? Winging It Tweens is designed for youth ages 11, 12, & 13. Activities include improvisational exercises and various theatre games. Participants will also learn musical theatre combos.

Weekly on Wednesdays January 15 to February 12 4:00 pm to 5:00 pm.

Free to attend. Registration opens January 2, 2025 at 10:00 am. This program is limited to 12 participants. As spaces fill up fast, the library recommends registering online.

Go to [strathmorelibrary.ca/wingingit](http://strathmorelibrary.ca/wingingit) to register.

## **LEGO Club**

Date and Time: Wednesday, February 5 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.

No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

## Regular Council Meeting

Date and Time: Wednesday, February 5 6:00 pm

## Thursday, February 6, 2025

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### LinkedIn and Social Media - Home Edition

Date and Time: Thursday, February 6 10:00 am - 12:00 pm

Address: Virtual

Please click on the link below to join our LinkedIn and Other Social Media – Home Edition Workshop. In our changing world, social media is becoming more and more popular as a tool to network and to market yourself to employers. Learn how to keep your LinkedIn page current and targeted. We are focusing on what you can do right now at home to increase your social media presence and branding. <https://prospectnow-ca.zoom.us/meeting/register/ZcI4aLL5TA-zi6i8dOtFEg>

### Stitch Together

Date and Time: Thursday, February 6 10:00 am - 12:00 pm

Address: Strathmore Municipal Library

Calling all stitchers!

Join us weekly for a casual get-together with other needle art enthusiasts. Work on your projects with others who share the same passion.

Free to attend. Drop in.

### Hope Bridges Society - Moving and Grooving

Date and Time: Thursday, February 6 10:30 am - 11:30 am

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Moving and Grooving instructed by Katherine Mandolidis (DMT) / Marie-Claire O'Donoghue (CCC, DMT), participants will explore accessible movement. It is about feeling good in our bodies and has nothing to do with 'looking good' or 'getting it right'. Participants will explore movement through various prompts that encourage connection and body and emotional awareness. While using various props, exercises, and movement qualities,

this is an opportunity to explore movement from a creative, expressive, and accessible lens.

## Friday, February 7, 2025

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### FCSS and Trellis - Babysitting Course

Date and Time: Friday, February 7 8:30 am - 4:30 pm

Address: 419 2nd St, Strathmore

Looking to build babysitting skills? This one-day course, hosted in partnership with Trellis, equips youth with essential childcare knowledge, safety skills, and first-aid basics. Upon completion, participants will receive a babysitting certificate.

**Ages 12+**

To register, contact Trellis: [\(403\) 983-0076](tel:4039830076)

### ABC Kids - Registered

Date and Time: Friday, February 7 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Embrace the love of reading with great books, songs, rhymes, and activities for active and curious minds.

This program is designed for preschoolers age 3 to 5 years and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am. Drop ins are welcome.

Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

### FCSS - Black Canadians and Labor: A Legacy of Strength

Date and Time: Friday, February 7 4:00 pm - 7:00 pm

Address: 85 Lakeside Blvd, Strathmore, AB T1P 1A1

Celebrate Black History Month with us! This year's theme, **Black Canadians and Labor: A Legacy of Strength**, highlights the contributions and resilience of the Black community.

#### Event Highlights:

- Performance by Alex Ajieloja featuring Martin Luther King Jr.'s "I Have A Dream" speech
- Live poetry readings from local poets
- Display of works by Black artists at the Strathmore Library throughout February
- This event is free and open to the public.

Ages 12-17, siblings, and families welcome. Please register—limited spots available!

For more information, visit: [strathmore.ca/FCSS](http://strathmore.ca/FCSS)

# Saturday, February 8, 2025

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## **Book Dragons - A Teen Book Club**

Date and Time: Saturday, February 8 2:00 pm - 3:30 pm

Address: Strathmore Municipal Library

Do you love reading? Join our teen book club! The book club will meet every two weeks on Saturdays from 2:00 pm to 3:30 pm. Bring a book you've enjoyed reading and discuss it with the group. Snacks will also be provided.

Attend and be entered to win a \$50 Indigo gift card!

[strathmorelibrary.ca/bookdragons](http://strathmorelibrary.ca/bookdragons)

## **Arts on 817 presents ReMix Powered by REVV52**

Date and Time: Saturday, February 8 7:30 pm

Address: Strathmore United Church

# ARTS ON 817 PRESENTS

## ReMix: Powered by REVV52



**February 8, 2025— 7:30 pm**

Adult - \$35.00

Youth - \$10.00 - 17 and under



**Upcoming Concert:**

**Steve Pineo with Horns—March 15, 2025—7:30 pm**

Tickets can be purchased at the Vault Cultural Collective or online at [www.smoreuc.com](http://www.smoreuc.com). Online purchases must be picked up at the door the night of the concert.



## Monday, February 10, 2025

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### Twinkle Babies

Date and Time: Monday, February 10 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

### Twinkle Babies

Date and Time: Monday, February 10 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

## LEGO Club

Date and Time: Monday, February 10 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.

No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

## In Stitches

Date and Time: Monday, February 10 7:00 pm - 9:00 pm

Address: Strathmore Municipal Library

Looking to get out, learn a new skill, and make new friends? Join us at In Stitches, Strathmore's new evening stitching group!

Free to attend. No registration required. Drop in. All ages and abilities welcome.

Work on your own project or join in a beginner knitting project where all supplies are included.

## Tuesday, February 11, 2025

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### Career Planning - Home Edition

Date and Time: Tuesday, February 11 10:00 am - 12:00 pm

Address: Virtual

Please click on the [Link below](https://prospectnow-ca.zoom.us/meeting/register/H1_ibqP6RQ2feGbCPMjRvw) to join our Career Planning workshop – Home Edition. Whether you are looking for your first job, or you are considering a career change, this workshop will provide useful information to help you. We will share activities and online tools that can shed a light on career paths that align with your interests and skills to help you reach your goals. [https://prospectnow-ca.zoom.us/meeting/register/H1\\_ibqP6RQ2feGbCPMjRvw](https://prospectnow-ca.zoom.us/meeting/register/H1_ibqP6RQ2feGbCPMjRvw)



# Wednesday, February 12, 2025

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## Toddler Time - Drop-in

Date and Time: Wednesday, February 12 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

## Toddler Time - Registered

Date and Time: Wednesday, February 12 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

## Winging It: Theatre Games for Tweens!

Date and Time: Wednesday, February 12 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Does your tween love to act? Winging It Tweens is designed for youth ages 11, 12, & 13. Activities include improvisational exercises and various theatre games. Participants will also learn musical theatre combos.

Weekly on Wednesdays January 15 to February 12 4:00 pm to 5:00 pm.

Free to attend. Registration opens January 2, 2025 at 10:00 am. This program is limited to 12 participants. As spaces fill up fast, the library recommends registering online.

Go to [strathmorelibrary.ca/wingingit](http://strathmorelibrary.ca/wingingit) to register.

## LEGO Club

Date and Time: Wednesday, February 12 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.

No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

## Committee of the Whole Meeting

Date and Time: Wednesday, February 12 6:00 pm

## Thursday, February 13, 2025

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### Applicant Tracking Systems (ATS) - Home Edition

Date and Time: Thursday, February 13 10:00 am - 12:00 pm

Address: Virtual

Please click on the Link below to join our Applicant Tracking Systems (ATS) workshops. Have you ever applied to a job and wondered if the company received your resume? Has your resume stopped you from progressing through the application process due to it's formatting? Our Applicant Tracking Systems (ATS) workshop will help you to learn how to identify when a company is using an ATS and how to target your resume in order to pass through these systems. <https://prospectnow-ca.zoom.us/meeting/register/1fPJWDGJSiWFMrioQDnq4Q>

### Stitch Together

Date and Time: Thursday, February 13 10:00 am - 12:00 pm

Address: Strathmore Municipal Library

Calling all stitchers!

Join us weekly for a casual get-together with other needle art enthusiasts. Work on your projects with others who share the same passion.

Free to attend. Drop in.

### FCSS and Trellis - Youth and Family Culture Class

Date and Time: Thursday, February 13 4:00 pm - 6:00 pm

Address: 101-331 Third Ave, Strathmore, AB

Celebrate **Chinese New Year** with us! This cultural class invites youth and families to explore the traditions of this vibrant festival. Led by a Chinese cultural facilitator, participants will learn about the origins of the celebra

tion, enjoy a Storytime session, and take part in a hands-on lantern-making activity.

Drinks and snacks will be provided. Come immerse yourself in the beauty of Chinese culture!

For more information, please visit: <https://strathmore.ca/en/residents/connected-by-culture.aspx>

## Friday, February 14, 2025

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### ABC Kids - Registered

Date and Time: Friday, February 14 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Embrace the love of reading with great books, songs, rhymes, and activities for active and curious minds.

This program is designed for preschoolers age 3 to 5 years and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am. Drop ins are welcome.

Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

### Poetry Café

Date and Time: Friday, February 14 7:00 pm - 8:30 pm

Address: Strathmore Municipal Library

Join us for episodes with Micheal Ajjireloja at our February Poetry Café!

Everyone is welcome to participate! We are extending a special invitation to teens and young adults to perform their poetry.

Snacks and drinks will be served!

Doors open at 6:30 PM

## Monday, February 17, 2025

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### In Stitches

Date and Time: Monday, February 17 7:00 pm - 9:00 pm

Address: Strathmore Municipal Library

Looking to get out, learn a new skill, and make new friends? Join us at In Stitches, Strathmore's new evening stitching group!

Free to attend. No registration required. Drop in. All ages and abilities welcome.

Work on your own project or join in a beginner knitting project where all supplies are included.

## **Tuesday, February 18, 2025**

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### **Step Into History**

Date and Time: Tuesday, February 18 10:00 am - 12:00 pm

Address: Strathmore Municipal Library

Discover what home life was like on the prairies in the 1870s and beyond with Pioneer Acres! This interactive program features historical artifacts and gives participants the opportunity to make their own butter!

For kids ages 6+

Registration is required and opens February 3rd at 10 am.

Register online at:

[strathmorelibrary.ca/pioneeracres](http://strathmorelibrary.ca/pioneeracres)

### **Hope Bridges Society - Music Discovery**

Date and Time: Tuesday, February 18 11:00 am - 12:00 pm

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Music Discovery provides barrier-free access to the transformative power of musical learning. Instructed by Kate Ager, a qualified music therapist, participants will focus on music knowledge and developing skills through singing, movement, and instrumental play (including drums, tone chimes and percussion). While having fun and making music together, the program encourages social interaction, connection, and community. As a group, participants can experience, see, hear, interact, and connect with local musicians and share their music in a safe and celebratory community setting - Community Concert Music Series.

### **Hope Bridges Society - Music Discovery**

Date and Time: Tuesday, February 18 1:15 pm - 2:15 pm

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Music Discovery provides barrier-free access to the transformative power of musical learning. Instructed by Kate Ager, a qualified music therapist, participants will focus on music knowledge and developing skills through singing, movement, and instrumental play (including drums, tone chimes and percussion). While having fun and making music together, the program encourages social interaction, connection, and community. As a group, participants can experience, see, hear, interact, and connect with local musicians and share their music in a safe and celebratory community setting - Community Concert Music Series.

### **The Busy People Meet In Person**

Date and Time: Tuesday, February 18 7:00 pm - 8:30 pm

Address: Strathmore Municipal Library

Join the Busy People Book Club in person! Enjoy a discussion of the current book while meeting new people. Refreshments will be provided. Everyone is welcome to attend - book club members and non book club members alike!

\*Copies of the current book are available at the library.

## **Wednesday, February 19, 2025**

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### **Books to Bricks**

Date and Time: Wednesday, February 19 1:30 pm - 3:00 pm

Address: Strathmore Municipal Library

Do you love reading and building with LEGO?  
Bring stories to life using LEGO to build scenes, plots, or characters inspired by a story you've read!

All ages are welcome to this free drop in program.

### **LEGO Club**

Date and Time: Wednesday, February 19 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.  
No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

### **Regular Council Meeting**

Date and Time: Wednesday, February 19 6:00 pm

## **Thursday, February 20, 2025**

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### **Stitch Together**

Date and Time: Thursday, February 20 10:00 am - 12:00 pm

Address: Strathmore Municipal Library

Calling all stitchers!

Join us weekly for a casual get-together with other needle art enthusiasts. Work on your projects with others who share the same passion.

Free to attend. Drop in.

## Work Search and Cover Letters - Home Edition

Date and Time: Thursday, February 20 10:00 am - 12:00 pm

Address: Virtual

Please click on the Link below to join our Work Search and Cover Letters Workshop. This is an in depth look at the hidden job market, and how you can begin making connections, even while at home, to help build a professional network. We will also discuss how to create an amazing targeted cover letter. <https://prospectnow-ca.zoom.us/meeting/register/RDgFuqIvRAOMA3SCdpMuig>

## Hope Bridges Society - Moving and Grooving

Date and Time: Thursday, February 20 10:30 am - 11:30 am

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Moving and Grooving instructed by Katherine Mandolidis (DMT) / Marie-Claire O'Donoghue (CCC, DMT), participants will explore accessible movement. It is about feeling good in our bodies and has nothing to do with 'looking good' or 'getting it right'. Participants will explore movement through various prompts that encourage connection and body and emotional awareness. While using various props, exercises, and movement qualities, this is an opportunity to explore movement from a creative, expressive, and accessible lens.

## Subdivision and Development Appeal Board Hearing

Date and Time: Thursday, February 20 1:00 pm

## Friday, February 21, 2025

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### Knitting Workshop

Date and Time: Friday, February 21 1:30 pm - 3:30 pm

Address: Strathmore Municipal Library

Learn the basics of knitting and loom knitting with Ilke!

Yarn and knitting needles will be supplied, but you are welcome to bring your own.

All levels and abilities are welcome.

Registration is required.

Register online at:

[strathmorelibrary.ca/knittingworkshop](http://strathmorelibrary.ca/knittingworkshop)

## Saturday, February 22, 2025

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### Book Dragons Special Event

Date and Time: Saturday, February 22 2:00 pm - 3:30 pm

Address: Strathmore Municipal Library

Join Book Dragons for a special Freedom to Read Week event!

Teens will explore the world of banned books through exciting activities and trivia. Let's raise our voices in support of the freedom to read!

Snacks will be provided.

### Book Dragons - A Teen Book Club

Date and Time: Saturday, February 22 2:00 pm - 3:30 pm

Address: Strathmore Municipal Library

Do you love reading? Join our teen book club! The book club will meet every two weeks on Saturdays from 2:00 pm to 3:30 pm. Bring a book you've enjoyed reading and discuss it with the group. Snacks will also be provided.

Attend and be entered to win a \$50 Indigo gift card!

[strathmorelibrary.ca/bookdragons](http://strathmorelibrary.ca/bookdragons)

## Monday, February 24, 2025

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### FCSS - Income Tax Program

Date and Time: Monday, February 24 8:30 am

Address: 1 Parklane Dr, Strathmore. AB

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Need help filing your taxes?

Our **Income Tax Program** begins on **February 24**, providing support to individuals with modest incomes and simple tax situations. Strathmore FCSS and volunteers can help prepare your basic income taxes. This service is for seniors and people that can't prepare their taxes on their own.

We will be available earlier to help answer questions, gather necessary documents, and ensure you're ready for tax season. **Clients must ensure they bring all relevant documents to their appointment to avoid delays.**

For more information please visit: <https://strathmore.ca/en/residents/income-tax-program.asp>

## Twinkle Babies

Date and Time: Monday, February 24 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

## Twinkle Babies

Date and Time: Monday, February 24 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Discover the power and pleasure of rhymes, songs, and stories. Connect with other parents/caregivers in comfortable and safe environment. Join us for weekly in-person program designed for babies 0-12 months.

Limited space is available. Registration is required. Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

Registration opens January 2, 2025 at 10:00 am.

## In Stitches

Date and Time: Monday, February 24 7:00 pm - 9:00 pm

Address: Strathmore Municipal Library

Looking to get out, learn a new skill, and make new friends? Join us at In Stitches, Strathmore's new evening stitching group!

Free to attend. No registration required. Drop in. All ages and abilities welcome.

Work on your own project or join in a beginner knitting project where all supplies are included.

## Tuesday, February 25, 2025

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### Resume Skills - Home Edition

Date and Time: Tuesday, February 25 10:00 am - 12:00 pm

Address: Virtual

Please click on the link below to join our Resume Skills – Home Edition Workshop. There is no time like the present to begin planning your amazing resume. Impress employers with our helpful tips about targeting your resume. After you have completed your resume, you can submit it to one of our Career Advisors and we can help



## Hope Bridges Society - Music Discovery

Date and Time: Tuesday, February 25 11:00 am - 12:00 pm

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Music Discovery provides barrier-free access to the transformative power of musical learning. Instructed by Kate Ager, a qualified music therapist, participants will focus on music knowledge and developing skills through singing, movement, and instrumental play (including drums, tone chimes and percussion). While having fun and making music together, the program encourages social interaction, connection, and community. As a group, participants can experience, see, hear, interact, and connect with local musicians and share their music in a safe and celebratory community setting - Community Concert Music Series.

## Hope Bridges Society - Music Discovery

Date and Time: Tuesday, February 25 1:15 pm - 2:15 pm

Address: Hope Community Covenant Church (245 Brent Boulevard, Strathmore)

Music Discovery provides barrier-free access to the transformative power of musical learning. Instructed by Kate Ager, a qualified music therapist, participants will focus on music knowledge and developing skills through singing, movement, and instrumental play (including drums, tone chimes and percussion). While having fun and making music together, the program encourages social interaction, connection, and community. As a group, participants can experience, see, hear, interact, and connect with local musicians and share their music in a safe and celebratory community setting - Community Concert Music Series.

## Wednesday, February 26, 2025

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### Toddler Time - Drop-in

Date and Time: Wednesday, February 26 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

### Hope Bridges Society - Adaptive Yoga

Date and Time: Wednesday, February 26 11:00 am - 12:00 pm

Address: Transcend Yoga & Wellness (95 Brent Boulevard #107)

The Adaptive Yoga program is accessible to all adults and considers all bodies and abilities, especially those with injury, disability, limitations, or who are elderly. With Certified Yoga Instructor Courtney Way (Yogabilities YYC), participants will learn modified/multiple variations on traditional yoga poses, allowing the poses to be adapted to specific needs and abilities. Class is based on the needs of the participants and will include music to de-stress and promote relaxation, yoga/stretches to improve flexibility and build strength, and movement/dance with breathing to improve concentration and coordination.

## Toddler Time - Registered

Date and Time: Wednesday, February 26 11:30 am - 12:30 pm

Address: Strathmore Municipal Library

Help your child learn about letters, numbers, colours, shapes, and rhymes!

This free program is for children 1 to 3 years old and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am.

Register at [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy)

## LEGO Club

Date and Time: Wednesday, February 26 4:00 pm - 5:00 pm

Address: Strathmore Municipal Library

Join Daniel for fun creative LEGO time!

Free to attend.

No registration required.

Children 8 years and younger must be accompanied by an adult or responsible older sibling.

## FCSS - Bannock, Tea & Traditional Drum-Making

Date and Time: Wednesday, February 26 5:00 pm - 7:00 pm

Address: Trellis, 419B 2 St, Strathmore, AB. T1P 1B9

Join us for an evening of culture, community, and connection at **Bannock & Tea with Darcy Turning Robe!**

Enjoy warm bannock and tea while engaging in meaningful conversations and fostering community ties. Darcy Turning Robe will also be leading a **drum-making workshop** for 10 participants. This unique opportunity allows attendees to learn from an expert in the craft and experience the tradition firsthand.

### Drum-Making Details:

- Limited spots are available—**registration required**.
- All materials will be provided for participants.

Even if you're not making a drum, you're welcome to join us! Observe the drum-making process, connect with others, and savor delicious bannock and tea.

**To register:** please contact [astokomii.smith@strathmore.ca](mailto:astokomii.smith@strathmore.ca)

We look forward to sharing this experience with you!

## Thursday, February 27, 2025

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### Interview Skills - Home Edition

Date and Time: Thursday, February 27 10:00 am - 12:00 pm

Address: Virtual

Please click on the link below to join our Interview Skills – Home Edition Workshop. You will learn skills that you can practice while at home, that can lead you to success at your next job interview, whether that interview is in person, on the phone, or online. <https://prospectnow-ca.zoom.us/meeting/register/jaC96rqxRa2YKRLaG6Bg3g>

### Stitch Together

Date and Time: Thursday, February 27 10:00 am - 12:00 pm

Address: Strathmore Municipal Library

Calling all stitchers!

Join us weekly for a casual get-together with other needle art enthusiasts. Work on your projects with others who share the same passion.

Free to attend. Drop in.

## Friday, February 28, 2025

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### ABC Kids - Registered

Date and Time: Friday, February 28 10:00 am - 11:00 am

Address: Strathmore Municipal Library

Embrace the love of reading with great books, songs, rhymes, and activities for active and curious minds.

This program is designed for preschoolers age 3 to 5 years and their parents/caregivers.

Registration opens January 2, 2025 at 10:00 am. Drop ins are welcome.

Go to [www.strathmorelibrary.ca/earlyliteracy](http://www.strathmorelibrary.ca/earlyliteracy) to register.

